

General category	Sub-categories	Often used diagnosis/common terms	Physiotherapists at Evolution Physiotherapy who treat these conditions
Muscle and tendon pain and injuries	Strains, tears/ruptures, contusions, lacerations, muscle pain, myofascial pain	Whiplash Rotator cuff tear, rupture Biceps rupture, tear Hip Pointer Quadriceps contusion, Charley Horse Achilles tendon rupture, tear	All
	Tendinopathy, tendinitis, tendinosus, peritendonitis	Rotator cuff tendinopathy, tendinitis, tendinosus Tennis elbow, lateral epicondylalgia, lateral epicondylitis Golfer's elbow, medial epicondylalgia, medial epicondylitis Ulnar collateral ligament sprain, UCL sprain DeQuervain's Patellar tendinopathy, tendinitis, tendinosus Achilles tendinopathy, tendinitis, tendinosus, peritendonitis Tibial Posterior tendinopathy	All

<p>Joint pain, injuries or conditions</p>	<p>Joint sprains, stiff joints, joint pain, osteoarthritis, bursitis</p>	<p>Whiplash Dislocated shoulder Frozen shoulder, adhesive capsulitis Labral tear Dislocated elbow Dislocated patella (knee-cap) Meniscus tear Baker’s cyst Cartilage tear Lumbar disc bulge, protrusion, herniation Degenerative disc disease (DDD) Sacro-iliac (SI) dysfunction Sub-acromial bursitis Olecranon bursitis Trochanteric bursitis Neck pain, cervical pain Thoracic pain, mid back pain Lumbar spine pain, low back pain, mechanical low back pain</p>	<p>All</p>
---	--	---	------------

Ligament injuries	ligament sprain or ligament tears	Shoulder separation, A/C sprain GH sprain S/C sprain UCL sprain TFCC sprain MCL sprain ACL sprain or tear PCL tear Lateral ankle sprain	All
Nerve injuries	peripheral nerve injuries and/or nerve pain, neuralgia	Cervical nerve root impingement Stinger, burner Brachial plexus irritation Lumbar nerve root impingement Sciatica Foot drop	All
	Chronic Pain	Central sensitization Chronic fatigue Fibromyalgia CRPS (Complex Regional Pain Syndrome), RSD (Reflex Sympathetic Dystrophy)	Allen Hicks Wendy Hofmann Matthew McKinnell Nicol McNiven Julie Shearer

	Vestibular problems	Vertigo BPPV (benign paroxysmal positional vertigo)	Allen Hicks Kirsten Lemmon
	Concussion (including post concussion syndrome)	Headache Cervicogenic Vestibular, visual disturbances, oculomotor, vestibulo-ocular, sensory integration dysfunction Autonomic nervous system dysfunction, loss of autoregulation	Allen Hicks Kirsten Lemmon Matthew McKinnell Lyne Denis
	Overuse syndromes	Patello-femoral pain syndrome, PFPS Shoulder impingement syndrome Iliotibial band syndrome, ITB syndrome Carpal tunnel syndrome Guyon Tunnel syndrome Tarsal tunnel syndrome Compartment syndrome Medial tibial stress syndrome, shin splints	All
Paediatric (children's) conditions	Growth plate conditions	Perthes Osgoode Schlatter's Sinding–Larsen–Johansson Sever's	All

Rehabilitation following Orthopaedic surgery	Arthroscopic surgery, debridement rehabilitation (basic and advanced)	shoulder elbow wrist hip knee ankle	All
	Joint replacement rehabilitation (basic and advanced)	shoulder arthroplasty, replacement, TSA hip arthroplasty, replacement, THA hip resurfacing knee arthroplasty, replacement, TKA, PKR	All
	Ligament reconstruction and stabilization surgery rehabilitation (basic and advanced)	Shoulder: labral repair (Bankart, SLAP) and anterior capsule Hip: labral repair Knee: anterior cruciate ligament (ACL) reconstruction Elbow: ulnar collateral ligament (UCL) reconstruction, Tommy John surgery Ankle: lateral ankle ligament reconstruction, Brostrom repair	Call the clinic to verify
	Tendon repair surgery, debridement/tenotomy, tendon transfer rehabilitation (basic and advanced)	rotator cuff distal biceps tendon patellar tendon	Call the clinic to verify

Rehabilitation following Orthopaedic surgery		peroneal tendon achilles tendon tibialis posterior tendon	
	post immobilization rehabilitation (basic and advanced)	closed reduction following fracture closed reduction following achilles rupture	All
	Open Reduction Internal Fixation (ORIF) for bone fractures rehabilitation (basic and advanced)	Clavicle Humerus Radial head Distal radius and/or ulna/Colles Femur Tibial plateau High tibial osteotomy Ankle (distal fibula and medial malleolus) Metatarsals (including bunion repair/osteotomy)	Call the clinic to verify
	Microdiscectomy surgery rehabilitation (basic and advanced)	Lumbar spine	Call the clinic to verify
	Spinal fusion surgery rehabilitation (basic and advanced)	cervical spine thoracic spine lumbar spine	Call the clinic to verify

Women's health	Pregnancy related conditions	Lumbar/Pelvic/Hip pain Labour preparation	Julie Shearer
	Postpartum conditions	Pelvic pain Diastasis recti Pelvic floor dysfunction	Julie Shearer
Men's and Women's health	Male and female pelvic floor dysfunction	Pelvic pain Urinary incontinence Urine retention Constipation Hemorrhoids Dyspareunia Pain and dysfunction related to prostatitis and other pelvic conditions	Julie Shearer